

Trainingszeiten Hallensaison 2018-2019

Zeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
15:00 - 15:30					KD
15:30 - 16:00					THS
16:00 - 16:30	MD	KC	KD KB	MD	MC
16:30 - 17:00	THS (2/3)	THS	THS JCS	THS (2/3)	THS (2/3)
17:00 - 17:30		MB	MC / MB	KC	MA
17:30 - 18:00		THS	THS	THS	THS (2/3)
18:00 - 18:30		MA / wJB	Torwarte	wJB	KB
18:30 - 19:00		THS	THS	JCS	THS
19:00 - 19:30		Damen/wJA/KA JCS	KA / mJB JCS (2/3)	Damen / wJA JCS	
19:30 - 20:00					
20:00 - 20:30					
20:30 - 21:00		mJB / Herren JCS	Hopis JCS	Herren JCS	
21:00 - 21:30					
21:30 - 22:00					

Verfügbare Hallenzeiten		
Montag	16.00 - 17.00	THS
Dienstag	16.00 - 19.00	THS
	19.00 - 22.00	JCS
Mittwochs	16.00 - 19.00	THS
	19.00 - 22.00	JCS
Donnerstag	16.00 - 18.00	THS
	18.00 - 22.00	JCS
Freitag	15.00 - 19.00	THS

	Trainer	Co-Train.	Betreuer
Herren	Oliver Lahtz		
mJB	Richard v. Schwarzenberg		Juliane Henze
KA	Richard v. Schwarzenberg		Juliane Espelage
KB	Jasper Plath	Daniel	Maike Harm
KC	Alex Eck	Jonah, Quinton	Anja Jessen, Philip Schreiber, Maria González
KD	Alex Eck	Lasse, Sascha	Tanja Griese
Damen	Oliver Lahtz		
wJA	Oliver Lahtz		
wJB	Oliver Lahtz		Elke Kruse
MA	Jasper Plath	Daniel	Katja Kunde, Claudia Kuhlmann
MB	Carla und Lena-Marie		Nina Beiersdorfer
MC	Alex Eck		Karin Wiesner
MD	Alex Eck	Jette	Anja Prosenjak
Hopis	Alex Eck		Stefanie Mai